



DEUS INTUS

Awaken the Power Within

THE SOVEREIGN DECISION COMPASS

A facts, assumptions, values, costs and ownership
framework for making difficult decisions
without surrendering authority.



DIGITAL COMPANION · DI-DP-018

CLARITY WITHOUT FALSE CERTAINTY

Every meaningful choice closes one path and strengthens another.

The goal is not to eliminate uncertainty. It is to separate what is known from what is imagined, name the value being protected and own the cost of the path you choose.

*A sovereign decision is not the option without discomfort.
It is the option whose consequences you can consciously
carry.*

Evidence before emotion

Feelings matter, but they do not become facts merely because they are intense.

Values before approval

Advice can inform the decision without taking responsibility away from you.

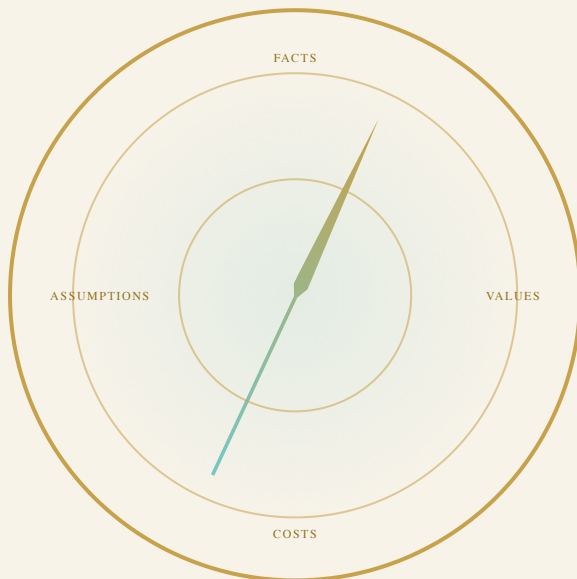
Ownership before relief

The strongest option is the one whose costs and consequences you can honestly accept.

THE FIVE COMPASS POINTS

Move from confusion to a traceable decision.

Each point removes a different source of distortion. Complete them in sequence; revisit them when new evidence appears.



FACTS

What is known, observable or verifiable?

ASSUMPTIONS

What am I predicting, interpreting or taking on trust?

VALUES

Which standards and long-term priorities matter here?

COSTS

What does each option require, risk, delay or close?

OWNERSHIP

Which choice can I take responsibility for, including its consequences?

USE THIS WHEN

A decision matters, opinions multiply, fear of regret grows or immediate discomfort is distorting long-term judgement.

THE GOVERNING RULE

Do not ask only, "Which option feels better?" Ask, "Which rationale remains defensible when the emotional weather changes?"

NAME THE DECISION

Reduce the problem to one decision sentence.

A vague problem creates vague analysis. State exactly what is being chosen, by when and within which constraints.

The decision I am making is...

OPTION A

First viable path

OPTION B

Second viable path

Option A, stated without selling it to myself...

Option B, stated without dismissing it...

DECISION DEADLINE

What date or trigger makes a decision necessary? What is the cost of waiting beyond it?

REAL CONSTRAINT

Which boundary is genuinely fixed: money, time, health, duty, law, capacity or another commitment?

EVIDENCE LEDGER

Separate what is known from what is merely repeated.

Facts are observable, verifiable or directly stated by a credible source. Everything else remains an assumption until tested.

KNOWN FACT	SOURCE OR EVIDENCE	APPLIES TO A, B OR BOTH?

MISSING EVIDENCE

What information would materially change the decision if you had it?

EVIDENCE DISCIPLINE

Do not gather information indefinitely. Define the one or two facts worth obtaining, the source and the deadline for testing them.

ASSUMPTION AUDIT

Expose the predictions hiding inside the decision.
An assumption is not automatically wrong. It is simply a claim whose truth has not yet been established.

PREDICTION

What I expect will happen

State the forecast in plain language. Avoid “always”, “never” and mind-reading.

INTERPRETATION

What I think it means

Separate the event from the story you attach to it.

EXTERNAL CLAIM

What I am taking on trust

Who supplied the claim, and what incentive or limitation might shape it?

FEAR

What I am treating as certainty

Name the feared outcome without confusing possibility with probability.

ASSUMPTION TO TEST	FASTEST HONEST TEST	TEST DEADLINE

VALUES HIERARCHY

Name the standard the decision must protect.

Values become useful only when they help you choose between competing goods. Rank what matters in this decision rather than listing everything you admire.

1
Non-negotiable

2
High priority

3
Important

4
Desirable

5
Optional

VALUE, DUTY OR STANDARD	PRIORITY 1-5	HOW OPTION A PROTECTS IT	HOW OPTION B PROTECTS IT

THE VALUE I REFUSE TO TRADE AWAY

INTEGRITY CHECK

If both options compromise the highest value, the real task may be to define a third option or renegotiate the constraints.

TRADE-OFF MAP

Every option has a price. Make it visible.
Include what must be spent, risked, delayed, surrendered or closed. Hidden costs become resentment later.

OPTION A

Costs I would carry

OPTION B

Costs I would carry

COST CATEGORY	OPTION A	OPTION B
Time and attention		
Money and resources		
Energy and wellbeing		
Relationships and reputation		
Opportunity cost		
Risk and uncertainty		
What this path closes		

COST I AM WILLING TO OWN

COST THAT WOULD CREATE HIDDEN RESENTMENT

CONSEQUENCE OWNERSHIP

Choose the consequences you are prepared to carry.

Ownership means accepting that a sound decision can still produce difficulty. It removes the fantasy that the “right” choice guarantees comfort.

IF I CHOOSE A

I accept that...

IF I CHOOSE B

I accept that...

RESPONSIBILITY

Which option allows you to say, “I chose this because...” without blaming pressure, approval or fear?

REGRET TEST

Which regret would be harder to respect later: the cost of acting, or the cost of avoiding the decision?

The consequence I am most tempted to deny is...

WEIGHTING DISCIPLINE

Not every criterion deserves equal influence.

Set each weight before scoring the options. A weight reflects importance; a score reflects how well an option performs.

WEIGHT 1

Minor

Useful information, but it should not drive the decision.

WEIGHT 3

Material

Meaningfully influences the choice and deserves attention.

WEIGHT 5

Decisive

A poor result here may disqualify an option.

CRITERION	WEIGHT 1-5	WHY THIS WEIGHT?	DISQUALIFIER?
Alignment with values Does the option protect the standards and responsibilities that matter most?			
Long-term benefit Does it improve the position you are building, not only today's comfort?			
Reversibility Can the choice be tested, adjusted or reversed without disproportionate damage?			
Capacity and resources Can you support the option with the time, money, energy and skill currently available?			
Cost I can own Are you willing to carry its trade-offs without resentment or denial?			

WEIGHTED OPTION SCORECARD

Score the evidence, not the option you want to win.

Multiply each option score by the criterion weight. The total organises judgement; it does not replace it.

CRITERION	WEIGHT	A SCORE 1-5	A WEIGHTED	B SCORE 1-5	B WEIGHTED
Alignment with values					
Long-term benefit					
Reversibility					
Capacity and resources					
Cost I can own					
Total					

OPTION A WEIGHTED TOTAL

OPTION B WEIGHTED TOTAL

INTERPRET THE GAP

Large gap: confirm there is no disqualifying weakness. **Small gap:** focus on assumptions, reversibility and values. **Tie:** the current model does not distinguish the options; gather one material fact or define a third criterion.

EVIDENCE CONFIDENCE

Adjust for the quality of what you know.

A high score supported by weak evidence should not create false certainty. Rate the confidence behind each option.

1 Mostly guesswork	2 Limited evidence	3 Mixed evidence	4 Strong evidence	5 Highly verified
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OPTION A CONFIDENCE Rating: ____ / 5 What evidence supports the rating? _____ _____ _____	OPTION B CONFIDENCE Rating: ____ / 5 What evidence supports the rating? _____ _____ _____
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CONFIDENCE RULE

When one option leads but rests on significantly weaker evidence, test the assumption with the greatest power to reverse the ranking.

The one piece of evidence most likely to change my decision is...

ONE-WAY AND TWO-WAY DOORS

Match the decision process to the cost of reversal.

Reversible choices deserve speed and learning. Irreversible choices deserve deeper evidence, wider consultation and contingency planning.

TWO-WAY DOOR

Test, learn, adjust

The choice can be reversed or modified at acceptable cost.

Smallest safe experiment:

ONE-WAY DOOR

Prepare, commit, protect

The choice creates lasting consequences or high reversal cost.

Protection or contingency required:

REVERSIBLE PORTION

Which part can be trialled before full commitment?

POINT OF NO RETURN

What exact action materially closes the alternative?

EXIT CONDITION

What evidence would justify stopping or changing course?

TIME-HORIZON TEST

Review the choice from three distances.

Immediate relief can hide long-term cost. Distant ambition can ignore present capacity.

A sovereign choice holds both.

7 days

Immediate reality

What changes first? What must be done, communicated or protected?

1 year

Position created

What capability, relationship, identity or constraint will this choice strengthen?

5 years

Direction reinforced

If this becomes a pattern, where does it lead?

ALIGNMENT SENTENCE

The option that best respects present capacity while strengthening the future I intend is...

EXTERNAL INFLUENCE AUDIT

Listen to advice without surrendering authority.

Separate useful information from other people's urgency, preferences, fear and need for your decision to validate them.

APPROVAL

Who do I want to please?

What would I choose if praise were removed?

DISAPPOINTMENT

Who am I afraid to unsettle?

Which responsibility is genuinely mine?

URGENCY

Who benefits from speed?

Is the deadline real, imposed or negotiable?

COMPARISON

Whose path am I borrowing?

Which context makes their choice different?

ADVICE RECEIVED	USEFUL EVIDENCE INSIDE IT	BIAS OR LIMITATION	WHAT REMAINS MY DECISION

CHALLENGE THE LEADING OPTION

Try to disprove your preferred conclusion.

The strongest decision survives a fair challenge. Do not attack the weaker option while protecting the one you already want.

BEST CASE AGAINST MY LEADING OPTION

Write the strongest credible argument, not a token objection.

BEST CASE FOR THE ALTERNATIVE

What advantage have I minimised because it is inconvenient?

FAILURE MODE

If the leading option fails, what is the most likely reason?

PREVENTION

What can be designed now to reduce that risk?

After red-teaming the decision, what changed in my reasoning?

THE SOVEREIGN DECISION

State the choice, the reason and the cost.

A decision becomes real when it produces a clear action and a standard for review.

MY DECISION	
I CHOSE THIS BECAUSE	THE VALUE IT PROTECTS
THE COST I ACCEPT	THE ASSUMPTION I WILL MONITOR

I can revisit the decision when evidence changes. I do not need to reopen it every time discomfort appears.

CONVERT CLARITY INTO MOVEMENT

The first action should create evidence.

Choose an action small enough to complete immediately but meaningful enough to make the decision operational.

IMMEDIATE NEXT ACTION

Within 24 hours I will...

COMMUNICATION

Who needs to know?

What will I say, without over-explaining?

PROTECT

What time, money, attention or boundary must be protected?

REMOVE

What conflicting action or commitment must stop?

REVIEW

When will the evidence be reviewed without reopening the choice prematurely?

When disruption occurs, my return action will be...

SEVEN-DAY DECISION EVIDENCE

Observe the consequences without constant self-doubt.

Track what the decision is producing. Distinguish normal discomfort from material evidence that requires adjustment.

1	2	3	4	5	6	7
EVIDENCE	EVIDENCE	EVIDENCE	EVIDENCE	EVIDENCE	EVIDENCE	EVIDENCE
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
ADJUSTMENT	ADJUSTMENT	ADJUSTMENT	ADJUSTMENT	ADJUSTMENT	ADJUSTMENT	ADJUSTMENT
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

EVIDENCE THAT SUPPORTS THE DECISION

EVIDENCE THAT REQUIRES RECALIBRATION

CARRY THE RATIONALE, NOT THE ANXIETY

Your decision reduced to one owned card.

Cut, photograph or copy these cards into your notes. Use them when pressure tempts you to abandon the reasoning.

DECISION CARD

I choose...

Because it protects...

The cost I accept is...

My next action is...

RETURN CARD

When doubt rises...

I will check whether there is new evidence or only renewed discomfort.

The assumption I monitor is...

My review date is...

STAND IN YOUR POWER

Let the decision become behaviour.

The apparel carries the identity cue. The compass supplies the reasoning, ownership and action that make the message credible.

Physical pairing

Stand in Your Power, Sovereign Series and Inner Command products.

Digital route

/digital/decision-compass/

Paid entry tool and personalised recommendation from the Self-Mastery Audit. Price is set only at the approved website checkout boundary.

Clarity is not the absence of uncertainty. It is the ability to act without surrendering responsibility.

This tool supports personal reflection and planning. It does not provide legal, medical, financial or other regulated professional advice. Seek qualified advice where the consequences require it.